

The September Re-Set

Refresh, Renew and Create Your Triumphant End-of-Year

Oxford 2026



I'm inviting you to The September Re-Set, an intimate Oxford retreat for experienced women business owners who want to recover their focus, reconnect with their strengths and make clear, confident decisions for Q4.

You may already be earning well and expecting new sales. Or perhaps you've lost momentum, revenue has slowed or you're questioning what will *really* move your business forward now.

September is a natural threshold. Summer ends and Q4 approaches.

This is your space - and your opportunity - to step back from the noise, remember who you are, gather the clarity, courage and momentum needed for the final quarter of the year.



Leave transformed

- Powerful focus, energy & conviction re-ignited so you see your way forward with true clarity
- Re-invigorated, renewed, ready to lead your business into Q4 with courage & momentum
- Relaxed and confident, reconnected with your strengths, clear about your priorities, equipped with a focused plan for a strong end of year.

"I wanted to have time to think deeply about the business ... and come away with a roadmap. And I did." Carroll

How the day will work

It will be structured but responsive. We'll work as a whole group, solo, in pairs & small groups. We'll reflect, discuss, brainstorm, generate new insights and ideas, facilitated and led by me.

AM: Reconnect and Reveal. Step back from the noise, reconnect with your strengths and recognise the patterns or blind spots affecting your momentum.

PM: Decide and Move. Clarify your priorities, make the decisions you have postponed and shape a focused plan for Q4.

Why work with me?

For five decades, I have helped accomplished professionals recover confidence, recognise their value and act with greater commercial courage. I understand how changes in the market can unsettle even highly experienced women. I also know the difference that becomes possible when clear thinking, wise challenge and human connection come together.

Experience has shown me that we need more than an action plan. The emotional renewal isn't merely decorative. My methodology is based on recognising that a successful woman needs to return to her true self and make the clear business decisions that become possible from that place. I'll lead our day together as your partner, guide and coach, holding that intention in mind.

Overcome the challenges of working alone

Running a business can be deeply rewarding - and surprisingly lonely. When every decision rests with you, it can be difficult to regain perspective, energy and momentum on your own.

Join us for the pleasure and benefit of human interaction – with structured and solo reflection time. Return home happy, invigorated, confident in your decisions & equipped to finish the year with greater focus and momentum.

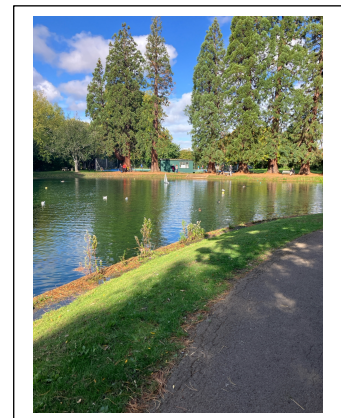


Why Oxford?

- Its international reputation as a centre of learning
- By the river: take a riverside walk at lunchtime
- Accessible venue: Voco Oxford Spires, OX1 4PS

What's Included

- Check-in 1:1 coaching call beforehand with me
- One full day 10.00-4.00 including:
 - Reflection, planning and creative interaction
 - Introductory 'Set The Mood' activity
 - Meeting room with AC, lunch, teas, coffees
- Follow-up on Zoom after 4 weeks.



Details

Friday 11 September 2026
Oxford: 10am-4pm
Limited to nine women

Founding Investment £500 + VAT
All purchases till 15 August

Standard Investment £600 + VAT
All purchases 16-31 August

Final Investment £700 + VAT
All purchases from 1 Sept

Come early and enjoy
Voco Oxford Spires 4* hotel:

Riverside location

Spa

Pool

Sauna

Free parking

Overnight special rate £168-180

What professional women say about spending time with me

"I thought the Retreat was amazing - to meet in person. It was very cleverly constructed. It was like a story. Gave me the space and time to think and to embed what I was thinking about. I value all of that. I wanted to have time to think deeply about the business, what I want to achieve and create, to come away with a roadmap. And I did." Carroll

"What I liked most was the confidence of the agenda. It wasn't trying to impress, fix, or rush people. In particular, the calibre and variety of people in the room. Everyone brought something different, and it was genuinely interesting rather than polite-interesting. And the pacing - although we could all have talked for longer, the agenda created enough space to think, reflect, and talk properly." Grainne

"Well chosen group – perfect size, genuinely interesting people. ... I got a significant outcome." Karen

"The blend of activities was extremely effective and the size of the group meant there was a real connection and energy that will last for a long time. The retreat delivered everything I wanted it to. The learning, reflection and connection with others was a catalyst for some key insights that will drive the positive trajectory of my business in 2025." Emily

I'd love you to join me for The September Re-set, a day of clarity, renewal & momentum!

RSVP Please reply to me here Alison.haill@opcoxford.com, or by phone if you'd like to ask questions, so that we can manage numbers and catering.

Very best wishes



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