

## ILM Level 7 Certificate or Diploma for Supervisors of Coaches















## **ABOUT THE QUALIFICATION**

- Achieve an internationally recognised qualification
- A practical course supported by a wealth of learning materials
- Get started straight away plenty of private study materials to help you
- Post graduate level study and qualification
- Flexible assignment deadlines to fit your busy schedule
- Plenty of support and a personal tutor to guide you throughout
- Choose from a Level 7 Certificate or Diploma
- Learner membership of the Association for Coaching & CPD Certificates
- On line subscription to Coaching at Work magazine

You should expect to commit to approximately 300 hours over one year (400 for the Diploma), based on our many years of experience in supporting this qualification.

# OUR FULLY SUPPORTED PACKAGE:

Course fees include the following:

- The option for a FREE NLP Coach Diploma, plus discounted fees for the NLP Coach Practitioner
- On line access to a wealth of coaching & supervision resources
- Plenty of invaluable guidance and feedback with assignment writing and your supervision portfolio
- All fees and assessment for your ILM qualification
- A huge library of recorded webinars and a menu of live virtual workshops
- Peer support from other learners
- Teaching provided by Clare Smale, winner of the EMCC Global Coach Award 2023

#### **HOW THE QUALIFICATION IS STRUCTURED**

All ILM qualifications are awarded by the City and Guilds of London Institute, founded in 1878 and incorporated by Royal Charter. There are three units of study:

- Understanding the Principles and Practice of Effective Coaching Supervision of Coaches (One written assignment).
- Undertaking a Period of Coaching Supervision submission of a detailed portfolio of evidence for 20 hours supervision (60 for the Diploma), plus your reflective learning log and other supporting documents. Supervision of supervision is required and not included in your fees (further guidance available).
- Reflecting on Your Ability to Perform Effectively as a Coaching Supervisor of Coaches (one written assignment).

#### **ENROLMENT AND PAYMENT**

#### Are there any entry requirements?

You must be an experienced coach. There is an application process for you to complete which details the prior coaching experience and evidence required. You must also have access to supervisees to complete the practical supervision work. The course is a post-graduate level qualification and includes independent research of theory and best practice, reflection and preparation of substantial written work.

If you are not sure if the course is the right academic level for you, call Clare on 07977 362787.

This qualification is learner led and you will not be spoon fed. You need to be capable of planning your time against other competing demands and be happy to ask for support whenever you need it – we will be with you every step of the way with advice and guidance.

#### How do I enrol?

We will send you an enrolment form. You can start the course any time and you must complete the course in 12 months. You set the pace and some take less time, depending on work commitments. Work at a pace that suits your lifestyle and with your final deadline in mind.

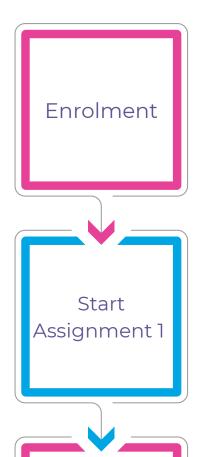
#### What are the payment options?

You have the option to pay the full fee in advance or pay a deposit and then set up a payment plan by direct debit.

This qualification is available using the MOD's Enhanced Learning Credits (ELCAS number 7065).

Further information can be found under our FQA's on our website

### **QUALIFICATION PROCESS - STEP BY STEP**



Webinars

Tasks to

complete

Webinars

Enrolment and payment of qualification fee – start any time. On line access to a wealth of learning resources.

Your personal tutor will contact you and give you everything you need to get started. Set short and long terms goals for your learning and discuss timescales with your tutor. Your initial induction meetings in month I will total two hours.

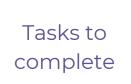
Begin preparation for the first theoretical assignment as soon as you are ready. The first assignment title is "Understanding the Principles and Practice of Effective Coaching Supervision of Coaches". Your tutor will discuss a pathway learner journey with you after enrolment and as part of the induction process. You will decide what order to approach the learning and assessment tasks with their help.

Getting started with practical supervision – an introduction to the skills, knowledge and behaviours required of a supervisor. A series of practical and engaging webinars (live or recorded), preparing you for real supervision sessions. Includes contracting, record keeping and a selection of supervision models, tools and techniques. Teaching provided by Clare Smale, winner of EMCC Global Coach of 2023. A series of 10 live webinars over 2 months to introduce you to the core models

Start your supervision hours and keep a portfolio of evidence and a diary. Begin supervision with at least one coach Supervision on supervision is a requirement of this course (4 hours) and will not be provided by i2l. Additional costs may be incurred. Dip in and out or webinars according to your needs and interests. Plenty of opportunity for Q&A with your peers on the course and your tutor.

Immerse yourself in further inspiring training – learn more advanced tools and techniques. Develop greater flexibility in your approach to supervision, with plenty of opportunity for Q&A, advice and sharing of experiences. Build upon your knowledge of the 7 eyed Model and add new approaches and frameworks.

#### **QUALIFICATION PROCESS - STEP BY STEP**



Webinars

Finishing

qualification

Achieve

your ILM

qualification

your ILM

Continue writing your first assignment at your own pace. Build your supervision hours and put into practice your learning from the webinars. You will be given a detailed template to help you with your supervision portfolio and learning reflections. Plenty of written and personalised advice.

Add to your supervision toolkit. Build your confidence with more advanced approaches. Practice with like-minded people in a supportive learning environment through supervision triads. Plenty of opportunity for Q&A, advice and sharing of experiences.

Finish writing the theoretical assignment, if you haven't done so already.

Complete the portfolio of evidence assignment for your supervision hours, including a detailed reflective diary.

Once you have completed your coaching hours, you can start the third and final written assignment. Assignment 3 requires you to reflect on your ability as a Coach Supervisor and create a professional development plan for the year ahead.



You are now a fully qualified Coach supervisor !

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## **Course Content**

In order to achieve the ILM Level 7 qualification, you will undertake private study supported by a wealth of resources. You will need to complete a minimum of 40 hours of class - based learning, via live or recorded webinars. Your approach to this will be very flexible and can be adapted around your personal and professional commitments. There is a menu of live events to choose from each month and as everything is recorded, it is easy to catch up with anything you miss.





Recorded webinars



Face 2 Face workshops





#### The Syllabus

The syllabus for your qualification is one of the most highly regarded in the UK, approved by Ofqual and providing credits on the Regulatory Qualifications Framework. Our coaching courses don't just deliver the approved and regulated syllabus – we also provide a valuable skills development journey that is grounded in best coaching practice. Designed and delivered by Clare Smale, a professional EMCC Master Coach and Supervisor, you will have access to a wonderful menu of learning opportunities. Explore the work of many different authors, influencers and experts in supervision. Find your own style and approach. Use your supervision skills and knowledge in your workplace or as a freelance supervisor. Clare was awarded Global Coach of 2023 by the EMCC, so you will be in expert hands.

## **Course Content**

#### **Materials**

You will have access to a huge range of materials via Coaching at Work magazine and your Association for Coaching membership. We provide excellent scaffolding and templates for all the assignments and practical, reading lists and links to other free resources on the internet. Clare and the tutors will freely share their knowledge and experiences with you, so that wherever you are in your journey, you can continue to learn and develop.

#### Gain Theoretical Knowledge, Tools, Techniques and Approaches

Learn practical tools, practice behaviours and spend time with other learners for peer support. All of this is available to you remotely and with flexibility. The minimum requirement is for 40 hours of class - based formal learning activity, which you can approach through live webinars and webinar recordings.

The supervision tools, techniques and approaches we give you, can be used in many different types of supervision and are extremely adaptable. We don't restrict you to one methodology or approach and aim to give you a wide variety of supervision models, theories and approaches so that you can decide what best suits your style and supervision environment. All are suitable for internal supervisors in organisations as well as executive coaches running their own business.

Discover more about NLP tools, such as working with values, beliefs, identity, purpose and Behaviour change. The NLP Coach Diploma is included in your fees and there is a discounted rate for the NLP Coach Practitioner should you wish to progress further with this aspect of your coaching and supervision

Once you have qualified, you will have the option to sign up for discounted Alumni learning packages, including on going access to webinars and supervision. Plus FREE quarterly alumni network meetings.

## **Our Ambition**



WHY US?



Our ambition is to be the most well-regarded and reputable provider of ILM coaching & supervision qualifications in the UK.

We are ethical and authentic in our support for coaches and the coaching profession. We love sharing our experience, knowledge and enthusiasm for coaching and we care about the outcomes and experiences of our clients and learners. We offer high quality teaching, experience of a wide variety of coaching models, approaches and resources, plus plenty of advice and support. At inspired2learn we are fully invested in our own CPD and learning and we continually seek opportunities to broaden our depth of knowledge and experience so that we can be at our best to support you.

As a learner on a supervision programme with us, you will be able to experience a variety of tools, techniques and methodologies and then decide what suits your style, context and clients. We will support you to be the best supervisor you want to be (ethically and professionally), rather than insist on a 'right way. We promote the work of all the professional coaching bodies in the UK and are truly independent. inspired2learn is a training provider member of the AC and Clare is individually accredited with the EMCC as a Supervisor and Master Practitioner coach. Clare is the winner of the EMCC Global Coach Award 2023









## Meet the Level 7 team



#### Clare Smale

Clare Smale is a Director of inspired2learn and leads the team. She is an experienced trainer, facilitator, executive coach and supervisor. She has published three coaching books and speaks at a range of events in the UK and beyond. Her current work includes the design and delivery of ILM Coaching and Supervision Qualifications at levels 3, 5 and 7, plus private practice offering executive coaching and supervision to a range of clients. Responsible for the design and delivery of most of your training, Clare is the EMCCs Global Coach of the year 2023



#### Sally Dellar

Sally Dellar is Qualifications Manager and VA to the Inspired2learn team. Sally has over 20 years of experience working in education, quality, people and administration. She is experienced in developing, improving and implementing processes across a range of functions. Sally looks after you student App and will help you to log your progress and receive support

# WHAT OUR STUDENTS SAY ....



"I think the webinar recordings are fab, I am hooked on them and getting so much out of them."

Emma, Southampton

"Thank you for your training and support, and thank you for starting me off on this incredible journey!"

Anne, Glasgow

"I think I'm hooked! Really enjoying the webinars. Thank you."

Nicola Aberdeen

I was surprised by how much writing, recording of notes and reflection would be required. I have studied at Masters level previously, but this was even more intense. I feel that, had I not had my Masters experience, I may have struggled to maintain the level of writing and reflection that was required within all three units. I can fully recognise why this level of work is required in this particular qualification however, as supervision is a reflective role that will be performed with professionalism. I feel that I have grown tremendously as a Coach and have the tools to begin my formal Supervision journey in a professional manner. I previously had an 'idea' around what Supervision is, but I now fully understand its purpose, and have a plethora of models and tools that I can utilise with supervisees to support them in their own coaching journey. I also have a greater understanding of how to record this journey through supervisee reflective forms, supervision records and my own reflective notes – all of which have proved effective tools in their own right when discussing progress and change in the supervision space.

The programme and qualification have given me the tools to deliver my role as Head of Coaching with more confidence, more knowledge of the coaching and supervision sector, and the requirement that supervision is a fundamental part of our coaching operation. This has enriched our coaching pool overall, but it has also enabled me to be a better leader/manager and to be able to contribute to the organisation with a multi-faceted view (both as a coach, as a supervisor, and from an overall stakeholder perspective). This has been noted by the management team. I can now deliver one-to-one and group supervision to the internal coaching pool in a more confident manner on a regular basis, and on an emergency basis when required. However, we are also now looking at offering supervision as a service (delivered by myself) to client groups, therefore we are considering our expanding coaching offering which could also generate additional revenue for the organisation, as well as building on its established reputation.

This is a fantastic programme that stretches candidates immensely, with Claire's carefully considered feedback and guidance supporting candidates to navigate the learning journey in a pair of safe hands that supportively challenge.

Jennifer, independent and organisational supervisor & coach

## WHAT OUR STUDENTS SAY .....



Your webinars are really awesome and my learning is taking hold as I'm revisiting with you. Thanks so much to i2l for the incredible learner support. I've never felt like here's your material, good luck with it all now."

Vanessa, Dubai



"I am really appreciating the speedy response to queries and the interactive approach to assignment writing. I appreciate the flexibility of the learning and support approach which feels very personal to my circumstances"

Joy, Liverpool

All round positive feedback from me - I loved the online sessions, enjoyed the challenge of the supervision qualification and found tutor support was quick and helpful when needed. Also quick turnaround of assignment marking was really helpful and any comments on elements referred were clear and easy to action. Finally the resources on the I2L website were incredibly helpful- both in the guidance docs for completion of the qualification and the range of articles, models etc available.

Julie, Portsmouth









# WHAT OUR STUDENTS SAY .....

The programme / qualification has 100% met my objectives. In fact, I'd say it has exceeded my objectives as the skills I have learned have a broader reach than coaching supervision alone.

I have the following skills / knowledge / understanding that I didn't have before I began this qualification

- A deeper understanding of challenge.
- Ability to apply CLEAR model in supervision.
- Ability to critically reflect at a much deeper level than previously.
- Better awareness of power dynamics and how to manage these effectively.
- Better knowledge of ethical decision making.
- Better understanding of impact of self and presence.
- Better understanding of importance of preparing well for coaching supervision and coaching.
- Enhanced skills in giving feedback.
- How to structure individual and group supervision.
- Improved knowledge and skills in applying Transactional Analysis and the Drama Triangle.
- Improved skills in contracting with clients
- Knowledge of 7 eyed model for coaching supervision and have learned skills in applying this in supervision.
- Knowledge of coach maturity model and Daloz model of support and challenge and how to apply these to contract, explore and reflect with supervisees.
- Knowledge that coaching supervision has a systemic impact.
- More skilled at using metaphors.
- Understanding that I do not need to "know first or best".
- Understanding that less is more.

Essentially, this qualification will enable my organisation to maximise the return on investment in developing an internal coaching service. We are able to provide 1:1 and group supervision for our internal coaches which will add value by helping us to develop and maintain excellence in our coaching. Coachees and their stakeholders should benefit by receiving good quality and impactful workplace and wellbeing coaching. In the future, we may be able to offer our coaching and coaching supervision service to external organisations to generate income

I can use the skills to provide reflective practice sessions for teams who work in helping/social care professions. I am also going to lead a practice supervision programme for senior social workers using the skills and knowledge I have learned from this qualification.

The support from Clare has been second to none.

The practical guidance (e.g. learner journey, unit advice, reflective log templates, recording advice etc.) to complete the three units developed over the year and it was invaluable in making sure I kept on track. Clare often helped me to avoid going down the rabbit hole which is so easy to do in this qualification!

Claire's warmth, encouragement, honesty, challenge to think differently, feedback and non-judgemental approach elevated the quality of tutorship to the next level – it was brilliant and I have no suggestions on this could be improved.

Emma, internal supervisor and coach for a large organisation



# About inspired2learn



**Clare Smale** 

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Established in 2002 by Clare and Barrie Smale, inspired2learn has a proven track record in the provision of coaching and ILM coaching qualifications to the public, private and charitable sectors. TRAINING & DEVELOPMENT

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Inspired2learn Coaching is led by Clare Smale, a highly experienced coach, supervisor, facilitator and NLP Master Practitioner. Clare is a member of the European Mentoring and Coaching Council, Association of Coaching Supervisors and the Association for Coaching.

She is the published author of The A-Z Coaching Handbook, The Step by Step Guide to Coaching and Transform your goals with VISION. Clare has also contributed to numerous publications and WeCoach!.



"A HUGE thankyou to you for your support with the ILM qualification assignments. I am a much better coach as a result of your input and supervision." Catriona, Swindon.



#### www.inspired2learn.co.uk