

10 unfair criticisms of MBTI and Type Theory

1: MBTI/Type was developed by amateurs.

What is the relevance of the developer's background?

2: MBTI/Type is not comprehensive.

Why is there no Anxiety scale?

3: Type Theory is less scientific than Trait Theory.

Different elements of science.

4: Preference is a weak indicator of personality.

What is personality?

5: The lack of bimodality invalidates Type Theory.

What can distributions tell us?

6: Type theory takes a static view of personality

Change – what changes?

7: Type labels puts you in a box suggesting rigidity

The effect of labelling on rigidity and change

8 MBTI is unreliable.

Are the psychometric reliability indices appropriate?

9: MBTI results have no validity.

What is validity?

10: MBTI reports are like horoscopes

The reports are not pure Barnum.

Overall: Type Theory is unscientific and MBTI measures nothing of value.